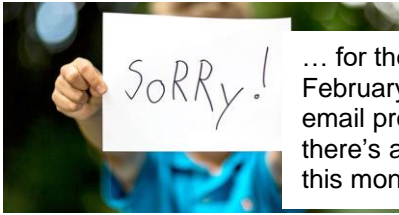


East Northants Community Services (ENCS) – March 2022
Also serving the district through the East Northants Faith Group (ENFG)

(Registered Charity Number 1154210)



... for the lack of a February update, due to email problems. But there's a bumper issue this month!

ENCS needs you!

We are looking for **volunteers to collect food donations** from M&S at Rushden Lakes on Monday and Tuesday evenings and drop to our office in Church Street. We also need individuals on a Tuesday and Thursday morning who are happy to do collections from supermarkets, drop off food parcels to individuals and who are willing to do some heavy lifting.

If you think you can do any of the above – or are interesting in volunteering in other ways - please email info@encs.org.uk for an application form or call us on 01933 733001 and we look forward to hearing from you.

ENCS regularly advertises job vacancies

on www.indeed.com. You can find them there by entering 'East Northants Community Services' for 'What' and 'Rushden' for 'Where' and clicking on 'Find jobs'. At the time of writing this (in late March), three posts are being advertised: Finance Manager, Homeless Pathway Co-ordinator and Supported Accommodation Night shift.

If you see someone sleeping rough

who may need support, please ring 01536 464 630 or email roughsleepingteam@northnorthants.gov.uk.

The next East Northants Community Leaders' Lunch

will take place on Wednesday 30th March at 19 to 21 Church Street, Rushden, from 12 noon (doors open at 11.30). Including an update on the work of ENCS (including homeless outreach work), lay ministry training available online from Ridley Hall, Cambridge, the work of the Grace Foundation in the Rushden Academy and supporting Ukrainian people.

Booking is available on Eventbrite <https://www.eventbrite.co.uk/e/east-northants-community-services-leaders-lunch-tickets-294806563367> or through Andrew Presland (details below). £5 donation invited on the door.

What a load of rubbish!

Also known as the Last of the Lenten Litter picks...

... will be taking place Saturday 2nd April, 10am to 12 noon: the final of three Lent litter-picks, organised in conjunction with Higham Deanery (Church of England), but all are welcome to take part: at Stanwick Lakes. Meeting near the old bridge (off the A6) Station Road, Irthlingborough. Please bring your own gloves. Other equipment will be provided. Details from Andrew Presland.



Continuing on an environmental theme...

A volunteering day will be taking place on Saturday

9th April at Midshires Covert (Kelmarsh Road, Harrington, NN6 9ND) from 10am until early afternoon and lunch cooked on the camp fire. The volunteering work will include a range of activities, including tree planting, pruning and mulching fruit trees

Looking further ahead, the **Bluebell event on Saturday 30th April** is due to involve people gathering at Midshires Covert at about 2pm for a walk to the nearby bluebell wood, followed by food on the camp fire at about 4pm.

More details of either event from Andrew Presland (as below) or the Facebook group at <https://www.facebook.com/groups/250829575354>.



**HOMES
for
UKRAINE**

The scheme was launched on 14 March – and is open for individuals and organisations in this country:

<https://homesforukraine.campaign.gov.uk/>.

Ways to give money for Ukrainian people are suggested on a later page.

THRAPSTON TOWN BAND

PRESENTS THE



BEST OF BRITISH

A programme of music that celebrates the very best of Britain, including some old favourites from The Last Night of the Proms!

SUNDAY 10TH APRIL 2022

2.30pm • St Rumbald Church, Stoke Doyle

TICKET PRICE INCLUDES TEA & CAKE



**THRAPSTON
TOWN BAND**

TICKETS £10

from LIZ DOHERTY

T: 0771 3396 130

E: emdoherty@sky.com



eve

CELEBRATING 40 YEARS

This year marks 40 years of **Eve** transforming lives affected by domestic abuse. In that time, we estimate we have helped over 8,000 women and children. And we think that's worth celebrating!

1 in 4 women will experience abuse in their lifetime. 50 domestic crimes and incidents were reported to the Police in Northamptonshire **every day** during 2020-21. During the first month of lockdown (March to April 2020), Northamptonshire experienced a 10% increase in domestic abuse. Calls to Eve's helpline more than quadrupled during 2020-21 and have continued at this increased rate.

Domestic abuse is everyone's business.

We are asking that you pray for Eve as celebrate 40 years of service to women and children like Daisy and Mia.

We ask that you would make a donation to change the lives of mums like Daisy. Many of the women and children fleeing abuse and violence leave home with nothing.

Your donation will be used to provide the support that they most urgently need. For example:

- £15 could provide children leaving their home without their most treasured belongings with new books, colouring and craft activities, clean pyjamas and a teddy to bring them comfort when they need it most.
- £25 could provide a critical support session via telephone for a woman living in her own home, to build her resilience and confidence to live a life free from abuse.
- £40 could provide a woman with the basics to set up her emergency accommodation - funds to charge the gas and electricity meter, a cleaning kit, a kettle, plates and cutlery, and store cupboard essentials to feed herself while she finds her feet.
- £65 could provide accommodation in our refuge for one night for a Mum and her two children, with our specialist Support Workers on hand to get them through the early days.
- £150 could fund therapy for a Mum and her child to support their recovery together.

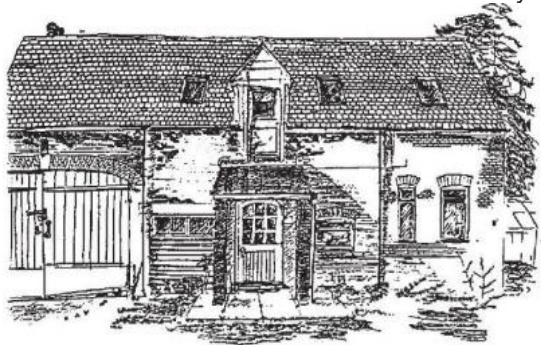
Small amounts that could have a significant impact on families like Daisy's. To find out more about Daisy's story and to make a donation, please go to [Donate and Save Women and Children from Abusive Partners \(eveda.org.uk\)](https://www.eveda.org.uk)

All donations help us fulfil eve's mission of providing critical support and services to survivors of domestic violence in our community. Thank you for your consideration and generosity.

Update on Social Prescribers

There are now two social prescribers serving the nine GP surgeries in the Rushden area, because Chris Good has recently been joined by Tina Squires, who is also taking on and supporting clients who have been identified as having non-medical needs of some sort. They are willing to receive referrals of anyone in the area whom they may be able to help – e.g. by helping them to become involved with activities in the community. In particular, they would need to be given the person's name, address & phone number, date of birth and which GP surgery they go – and their permission to be referred to us and to contact them. It would be helpful for both Chris and Tina to be included in each email, please, because they are looking at referrals together and are keen to ensure that no one will be overlooked in the case of leave or sickness. They can be contacted at Chris.good1@nhs.net and Tina.squires@nhs.net

As well as the ENCS job vacancies on the first page of this update, there are **two vacancies over the Bedfordshire border** that may be of interest to some readers:



STABLES CHRISTIAN CENTRE

Old Rectory, Bolnhurst, Bedford MK44 2ES

Website: www.stableschristiancentre.co.uk

Tel. (01234)376237

Charity No. 327398

PART-TIME MANAGEMENT POSTS IN SMALL CHRISTIAN CHARITY

Due to staff re-structuring we are looking to recruit two part-time managers with both similar and complementary skills to take over the responsibility for the running of our project. If you would like to work in this lively and friendly workplace, have a heart for those who struggle with life, and have the necessary skills to offer, please get in touch with us. Please email the Centre on admin@stableschristiancentre.co.uk for the job descriptions, and/or phone to arrange an informal visit.

Giving money for the Ukraine

Here's some advice from Caroline Gregory of Rushden – a journalist specialising on refugee matters and Chair of Friends of Refugees Bedford. She writes: *In terms of financial donations, this is a list I've compiled - I either know these groups personally or have recently checked them out - but I always say people must do their own due diligence too.*

- A hot food kitchen being set up to feed people as they wait at the Moldovan border: <https://www.justgiving.com/campaign/RefugeeSupportUkraine>
- NGO dealing with refugees in Poland for many years: Polish Migration Forum <https://forummigracyjne.org/donate>
- <https://www.withukraine.org/>
- https://ukrainianinstitute.org.uk/russias-war-against-ukraine-what-can-you-do-to-support-ukraine-ukrainians/?fbclid=IwAR1Yilni_1YITPwNQfh5alCgoJQxkiugsjBTb9Gzn9wLpXbk3PDqMevrA4
- [Ukrainian Refugee Appeal](#)
- CARITAS DONESK: <http://caritas-donetsk.org.ua/> and <https://www.facebook.com/caritasdonetsk/>
NATIONAL OFFICE IN KYIV: street Antonovich, 10 01024 Kyiv; +380 44 590 51 60; secretary@caritas.ua
- CARITAS DONETSK IN DNIPRO CITY: street Kabardinskaya, 5 49000 Dnipro; +38 095 459 55 20 or +38 098 665 73 88; Fb: @caritasdonetsk
- <https://m.facebook.com/sunflowerofpeace/>: helps paramedics and doctors, and has been fundraising for supplies, which includes first aid medical tactical backpacks.
- Children's Voices: <http://voices.org.ua/> - works with children of war; +380 95 785 6069; <https://m.facebook.com/vocukraine/>
- Zakarpathian Volunteer Network; <https://facebook.com/ZakarpathianVolunteerNetwork/>

Also: a recent article by Caroline is on the Premier Christianity website:

https://www.premierchristianity.com/opinion/want-to-help-ukrainians-fleeing-war-the-last-thing-they-need-is-your-old-clothes/12676.article?_ga=2.13715639.108316794.1648249703-1541290563.1648249703