

## NEWS FROM ENCS

### Treat yourself AND help raise money for those affected by substance misuse

ENCS and Family Support Link are holding a 'Clothes Swish' at the Full Gospel Church in Rushden, from 5.30 to 7.30pm on Saturday 5<sup>th</sup> October, to raise awareness and money for individuals and their families who are affected by addictions to drugs and alcohol.

A 'clothes swish' is a fun opportunity to pick up some new additions to your wardrobe, and there will be stalls from local independent traders there too to treat yourself. To find out more information and how to book tickets (£5 each), visit the event below or email [info@encs.org.uk](mailto:info@encs.org.uk) <https://www.facebook.com/events/744429019323346/>

**Diary date: ENCS fundraising Christmas meal** – on Saturday 23<sup>rd</sup> November at St Mary's Church Hall, Rushden – more details to follow

**Volunteers are still needed in the Night Shelter**, to cover the evening shifts and the sleeping/overnight shifts. If you or anyone you know can give up even just one regular evening or night a month, that would allow us to continue to help the most vulnerable in the community. **We are also looking for donations for our projects as well;** Sugar, UHT Milk, toilet rolls, cleaning products, tins and microwave meals. More details: Jo Burns at [jo.burns@encs.org.uk](mailto:jo.burns@encs.org.uk) or on 01933 733001.

**Do you have a spare four hours a week?** We are in need of a **cook** for our community 'Cornerfield' Café on a Monday morning, to join our great volunteer team. If you are interested or want more information, call Jo on 01933 733001 or email [info@encs.org.uk](mailto:info@encs.org.uk). If you know someone else that might be interested – pass it on!

**We are also short on stock in our food bank.** Donations of tinned foods, cereals and toiletries would be very gratefully received! Please email or drop them off at the Full Gospel Church between 9am and 3pm on a weekday.

**ASDA** are currently asking people to 'nominate a local cause' by picking up a card in store. Successful nominations will be included in their 'Green Token' boxes. Please do nominate the Sanctuary Night Shelter or Rushden Food Bank to support those most in need in our community.

There will be a day-long **conference on mental health** at Christ the King, Kettering on Saturday 19th October, with main speaker Becky Harcourt (from New Wine), addressing emotional pain and hurts. This is open to anyone who is interested, and there's no need to book in advance. A leaflet and poster are available from <http://encs.org.uk/event/mental-health-conference-saturday-19th-october-kettering/>

Please contact Andrew Presland at [andrew.presland.harborough58@gmail.com](mailto:andrew.presland.harborough58@gmail.com) or by phone on 01933 316927 if you would like any more information on anything mentioned on this sheet.

## Nearly here...

...the next **East Northants Community Leaders' Lunch** will be taking place on Wednesday 2<sup>nd</sup> October: 11.30am for 12 noon at the Frontier Centre. As well as a buffet lunch and networking opportunities, Julia Smith from **East Northants Council** will be giving a brief update on local government reorganization and on their health & wellbeing strategy and other projects; Ed Walker from **Hope into Action** will be talking about opportunities for churches to provide houses for homeless people, and Jo Burns will give an update from **East Northants Community Services**.

*Tickets available at <https://www.eventbrite.co.uk/e/east-northants-community-leaders-lunch-tickets-67601908127>: no need to pay in advance: £5 will be payable on the door.*

The next lunch will take place early in the New Year: details to follow.

## "Dementia and a Dementia Friendly Church"

Revd Dr Linnet Smith will be talking on this subject at St Laurence Church, Stanwick from 7.30pm on Wednesday 16<sup>th</sup> October (with tea and coffee served from 7pm). This forms part of a meeting of the Higham Deanery Synod (Church of England), but anyone who is interested will be welcome.

## Update from ROC (Redeeming Our Communities)

**ROC NORTHANTS**  
THE COMMUNITY ENGAGEMENT CHARITY

The next meeting of the Rushden & Raunds ROC Action Group will take place on Monday 21st October: 7:30pm at **Park Road Baptist Church**, Rushden. There's no need to register.

Before then, the next meeting of the **county-wide ROC group** – including the **mental health working group**, will take place on Wednesday, 2nd October, 7.30pm at St Giles Parish Centre, St Giles Terrace, Northampton, NN1 2BN. This will include discussion on the next steps on developing a directory of services – including those provided by churches and other community groups – partly for use in social prescribing within the NHS. It is due to be piloted soon in **Rushden** and in the Abington area of Northampton.

## ££££££££££

**The North Northamptonshire Funding Fair** will be taking place at the Kettering Borough Council offices from 10am to 3pm on Thursday 17<sup>th</sup> October. This is open to all community groups in the area, with many funders being present. Details from Su Davies at [sdavies@east-northamptonshire.gov.uk](mailto:sdavies@east-northamptonshire.gov.uk)

## Refugee support

The next meeting of Friends of Refugees East Northants will be taking place at 7.30pm on Thursday 24<sup>th</sup> October at Rushden Full Gospel Church.